

Checklist for Healthy Aging

Blood Pressure

Breast & Prostate Exam

Cholesterol Test

HIV Test



Have you CHECKED
your HIV status ?

Aging can be hard, aging with HIV can be harder!



HIV can progress faster in older adults



HIV positive older adults are 3 times more likely to get sick



More than 1 in 3 people living with HIV in NYC are over age 50.

GET INFORMED, GET TESTED

For more information about free
and confidential HIV testing

call:

1-800-541-2437 or 1-800-TALK-HIV

or go to:

www.hivtest.org



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Funded by: The New York City Department of Health and Mental Hygiene

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Hormone
Levels



Cholesterol
Test



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